

Appendix A

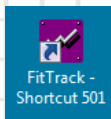
Downloading FitTrack Software

1. Navigate to www.ohdusa.com
2. Select the SERVICES TAB on the home page
3. For the FitTester 3000 select the file named "FitTrack for FitTester.zip"
4. You will be given the option of either running or saving the file. **YOU SHOULD SELECT SAVE**. If you want to save the file in a special place such as a thumb drive or a specific folder choose "**SAVE AS**" and select the place where you want it saved.
5. After download verify the file is where it should be and return back to the instructions on page 2.

Appendix B

Setting up Windows to save data on FitTrack 3.0.1.

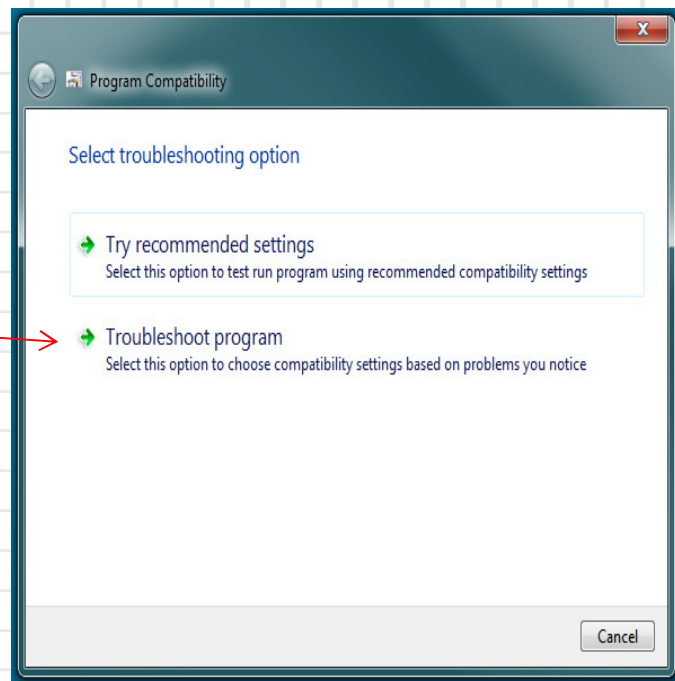
From the desktop right click on the FitTrack shortcut and select **TROUBLESHOOT COMPATIBILITY**



The program will run a quick test that says **DETECTING ISSUES**

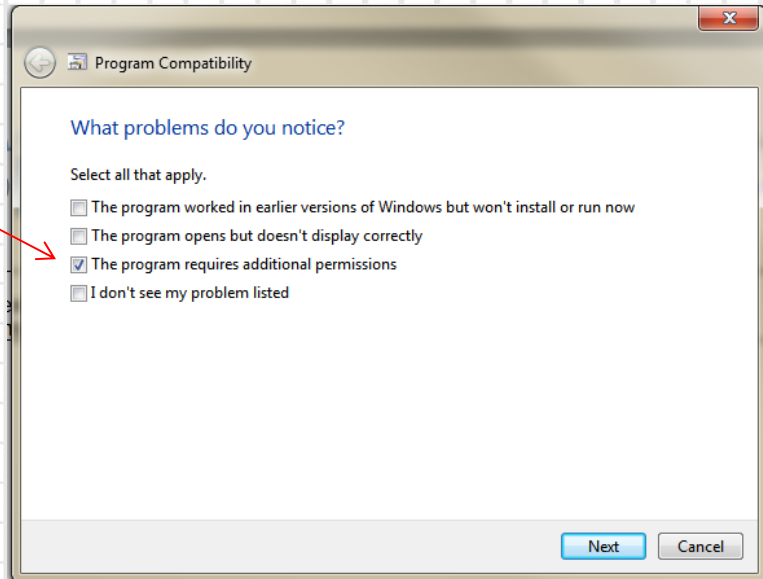
Then it will display this screen: →

Select the second choice that says **TROUBLESHOOT PROGRAM** →



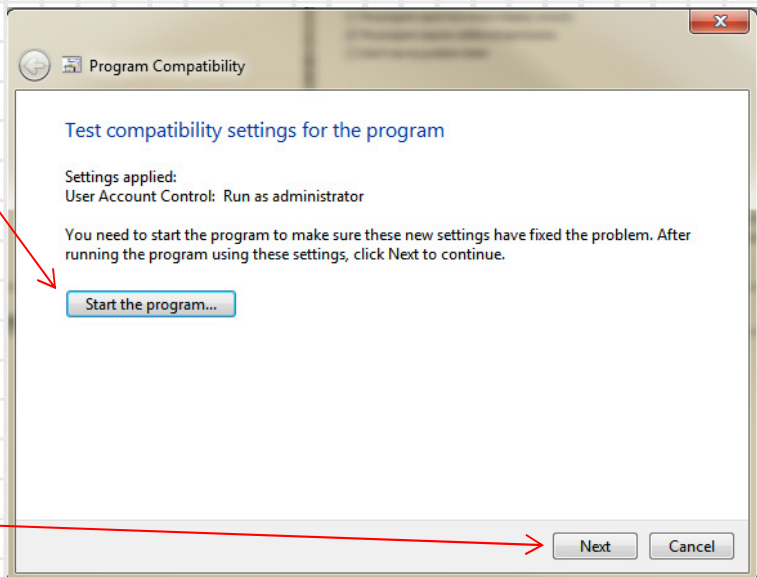
The next screen will present 4 choices. Put a checkmark in the third box only that says:

**THE PROGRAM REQUIRES
ADDITIONAL PERMISSIONS**



The next screen looks like this.

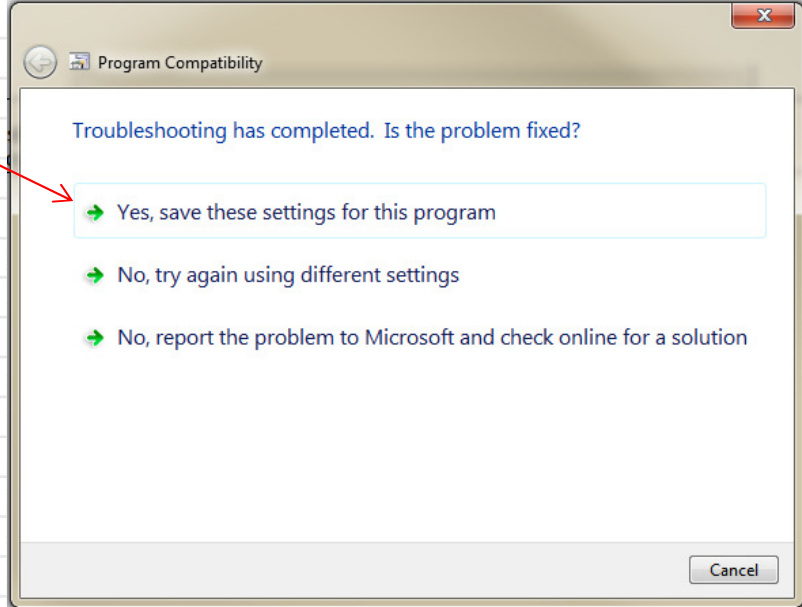
Click on the **START THE PROGRAM** button. Let the program run in the background.



Click on NEXT

From this screen select:

**YES, SAVE THESE
SETTINGS FOR THIS
PROGRAM**



The last screen looks like this.

Ignore the message in the box. It only shows what has already been fixed.

You can close the Troubleshooter at this point.

